

THE A. S. K. WISH LIST

PARTICIPANT COMFORT & SAFETY

Steam clean our chairs to make our home fresh & clean	\$500
Keep our participants safely in our building with new Watchmates	\$750
Help five participants for a year to boost their weight and enhance their quality of life with dietary supplements	\$500
Keep participants' dignity, when there are spills, with Weekender clothing	\$400
Keep all our seniors happy and healthy with Band-Aids and medical supplies	\$250

OUT AND ABOUT

Buy transportation tickets from HandyDart service to increase our transportation capacity	\$5000
Keep our buses on the road with annual insurance	\$1000
Make scenic drives safe and reliable with repairs and inspections for our buses	\$2500
Fuel scenic drives and outings for one year	\$2500
Clean buses for one year for participants to travel in style	\$1000
Ensure a safe ride with B. C. Safety Council training for our drivers	\$750

FINISHING TOUCHES ON OUR NEW HOME

Improve our hairdressing area to accommodate additional interest in this service	\$450
New card tables create a safe surface for games & puzzles	\$600

PROGRAM ENRICHMENT

Weights for Strength Training keep our seniors active & strong	\$1000
Put a song in the hearts of twenty-five seniors once a week for a year with Music Therapy	\$2000
Donate a year of Gentle Yoga with Joan, a well-loved A. S. K. program	\$1000
See us blossom through hands-on Horticultural Therapy programs	\$1500
Relieve chronic pain of twelve seniors each month with a visit from our Massage Therapist	\$850
Give an afternoon of toe-tapping fun with an engaging entertainer	\$100
Create a life story documenting one senior's journey for their family and future generations	\$100
Tune our piano for one year so we do not sing off key	\$350
Help our crafty people to use their creativity and express themselves with new craft supplies	\$1000
Beautify our tables for tea and meal time with flower arranging supplies	\$500

PROGRAM SUPPLIES

Create an atmosphere of fun and laughter while educating and entertaining with specialized games	\$1000
Help cognitively impaired individuals to be orientated to time, place and season with seasonal decorations	\$200
Allow everyone to share our memories for many years with photography supplies	\$500
Give those no longer able to cook at home an opportunity to be Betty Crocker again with baking supplies for our Cooks Nook	\$250

OUT ON THE TOWN

Our 16 passenger tour bus was purchased in 1996. Our tours bring so much joy! We are saving for a new one and now have \$50,000 set aside. Total cost \$101,000
We are half-way there!



Outings are important to our elders who have difficulty getting out & about. Please consider making a donation to this worthwhile cause.

HOME SWEET HOME

We are now in the fourth year of our five-year lease. We have an option to negotiate a second five-year lease. Our success will depend upon the future vision for our site. Time flies when you're having fun so we are already saving to ensure our sustainability.

Please consider donating to our relocation fund.