

OUT AND ABOUT

Buy transportation tickets from HandyDart service to increase our transportation capacity	\$5000
Keep our buses on the road with annual insurance	\$1000
Make scenic drives safe and reliable with repairs and inspections for our buses	\$2500
Fuel scenic drives and outings for one year	\$2500
Clean buses for one year for participants to travel in style	\$1000
Ensure a safe ride with B. C. Safety Council training for our drivers	\$750

HOME SWEET HOME

We are now in the last year of our five-year lease. We will be negotiating a second five-year lease. We have also asked to be included in plans for redevelopment of the Arbutus Shopping Centre site. Time flies when you're having fun so we are already saving to ensure our sustainability.

Please consider donating to our relocation fund.



2010/2011 FUNDRAISING ACHIEVEMENTS

- \$17,500 for our new vehicle
- \$72,500 for our relocation fund
- Pianos tuned & repaired
- Yoga classes for the year
- Music Therapy for the year
- New digital camera
- New sound system
- Steam cleaning for our furniture
- Blooms for our hanging baskets
- New hot towels
- Dietary supplements for the year

We are a Registered Charity
and will issue a tax receipt for your gift.
Thank you for your generosity.

A. S. K. **FRIENDSHIP CENTRE**

WISHLIST **2011/2012 Fiscal Year**



Celebrating
35 years
of dedicated
service!

700 West 57 Avenue
Vancouver, B. C. V6P 1S1
604-263-7333
caring@askcentre.ca

FINISHING TOUCHES ON OUR NEW HOME

Improve our hairdressing area to accommodate additional interest in this service	\$450
New card tables create a safe surface for games & puzzles	\$600



PARTICIPANT COMFORT & SAFETY

Keep us comfy in “pull up” personal dignity products	\$400
Steam clean our chairs to make our home fresh & clean	\$500
Keep our participants safely in our building with new Watchmates	\$750
Annual amount to enhance quality of life and boost weight with dietary supplements	\$250
Keep participants’ dignity, when there are spills, with slip-on clothing	\$400
Keep all our seniors happy and healthy with Band-Aids and medical supplies	\$250

PROGRAM ENRICHMENT

Heavier weights for Strength Training. We are growing stronger!	\$1000
Put a song in the hearts of twenty-five seniors once a week for a year with Music Therapy	\$2000
Donate a year of Gentle Yoga with Joan, a well-loved A. S. K. program	\$1000
See us blossom through hands-on Horticultural Therapy programs	\$1500
Relieve chronic pain of twelve seniors each month with a visit from our Massage Therapist	\$850
Give an afternoon of toe-tapping fun with an engaging entertainer	\$100
Create a life story documenting one senior’s journey for their family and future generations	\$100
Tune our piano for one year so we do not sing off key	\$350
Help our crafty people to express themselves with new craft supplies	\$1000
Beautify our tables for tea and meal time with flower arranging supplies	\$500
Help us sing Karaoke tunes and watch educational DVDs in discussion groups with a 70” LED Flat screen TV	\$3700

PROGRAM SUPPLIES

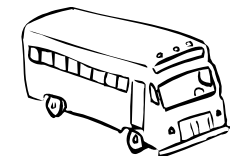
Create an atmosphere of fun and laughter while educating and entertaining with specialized games	\$1000
Help cognitively impaired individuals to be orientated to time, place and season with seasonal decorations	\$200
Allow everyone to share our memories for many years with photography supplies	\$500
Give those no longer able to cook at home an opportunity to be Betty Crocker again with baking supplies for our Cooks Nook	\$250
A folding hand truck with large wheels helps us bring supplies to enjoy on outings	\$135

OUT ON THE TOWN

Our 16 passenger tour bus was purchased in 1996. Our tours bring so much joy! We are saving for a new one and now have \$71,160 set aside.

Total cost \$101,000

We are well over half-way there!



Outings are important to our elders who have difficulty getting out & about. Please consider making a donation to this worthwhile cause.